



## **Sports at Charles H. Barrows STEM Academy**

- 1. Complete sports participation form, both parent and student signs.**
- 2. Copy of physical exam completed within the last two years.**
- 3. Bring completed forms to the nurse and obtain a clearance form to bring to your coach.**

**Note: You may already have a current physical on file in the nurse's office, check with your school nurse before calling your doctor.**